The WSC Clinic Zurich - Switzerland
under the auspices of the
International Society for Minimal Intervention in Spinal Surgery -
ISMISS / SICOT (www.ismiss.com)
gladly presents the
**final program**
of the upcoming

**International 33rd Course for Percutaneous Endoscopic Spinal Surgery and Complementary Minimal Invasive Techniques**

**SYMPOSIUM WITH INTERNATIONAL GUEST FACULTY**
and workshop-demonstrations / technical exhibition

*Course Co-Chairmen:*

Hansjörg Leu, MD - Markus Rühli, MD

**January 29 / 30, 2015, Hirslanden Hospital**

CH-8032 Zurich - Switzerland

Course Secretary's fax: x41-[0]-44-387 37 58 / e-mail: ismiss.europe@bluewin.ch

**SSO/SGO – CME-Credits : 16**
Thursday, January 29, 2015

10:30 am Registration

OPENING

MODERATOR: LEU H.

12:00 s.t. Welcome to Hirslanden  Liedke D.

FIRST SESSION

MODERATOR: RADCHENKO V., LEU H.

12:05 pm  Historical perception of spinal diseases and therapeutical approaches  Panoussopoulos A.
12:17 pm  Doctor, my back is aching ....do I need a Myelography  ?  Laurent T.
12:29 pm  Standardized reporting of MR abnormalities in the lumbar spine  Mamisch N.
12:41 pm  New classification of lumbar Modic sign and surgical impact  Gastambide D.
12:53 pm  Cryo-anatomical analysis of spinal pathologies and surgical approaches  Rauschning W.
1:18 pm  Quenteza 8%: hot and exciting  Jaquenod M.
1:30 pm  Diagnostic options and specificity of injections for spinal diagnostics and treatment  Aeschbach A.
1:42 pm  Biotechnological therapies for the treatment of back pain: alternative to corticosteroids  Moser C.
1:54 pm  Cervical facet joint injections in a multimodal tt program for referral pain patterns  Kim H.
2:06 pm  RF pain therapy in ISG-joints: the application in "palisade" technique  Niebergall H.
2:18 pm  Piriformis syndrome from A to Z  Kim K.

2:30 pm  Coffee break in the industrial exhibition area

SECOND SESSION

MODERATOR: SULLIVAN M., DARWONO B.

3:00 pm  Endoscopy: state of the art and endoscopic inventions since P. Bozzini till present  Tieber F.
3:12 pm  Percutaneous endoscopic spinal surgery: 30 years evolution an actual state of the art  Leu Hj.
3:24 pm  The present and future of minimally invasive spine surgery technique in China  Zhou Y.
3:36 pm  Percutaneous endoscopic spine surgery. What else than disc surgery?  Lübbers T.
3:48 pm  Learning curve in interlaminar and transformaminal endoscopic disc decompression  Saftic R.
4:00 pm  Full-endoscopic tt of lumbar facet joint cysts: transformaminal and interlaminar approach  Komp M.
4:12 pm  Endoscopic decompression of unilateral recess stenosis with the EasyGO-system  Burckhardt B.
4:24 pm  Perc. endoscopic decompression for the lumbar stenosis: lateral, central and foraminal  Ito F.
4:36 pm  Memorial lecture for Tom Hoogland (*1945 - †2014)  Schubert M.

4:48 pm  Discussion

4:55 pm  Triennial ISMISS presidial medal transfer and outlook from Lee S. to Radchenko V.
5:00 pm  Break in the industrial exhibition area

MAGISTRAL LECTURE

MODERATOR: LEU H.

the ISMISS pioneer-guest lecture 2015 :

5:30 pm  Minimal invasive spinal surgery in the US : lessons learnt, actual state and perspectives  Richard Fessler, MD, Chicago / USA

6:15 pm  Question and answer period

6:30 pm  Transfer by tramway N° 11 downhill until "Bellevue", there change to N° 9 uphill until stop at “ETH/Universitätsspital” right on Rämistrasse

7:10 pm  Guided visit in the Archeological Collection, Zurich Univ., Rämistrasse 73 introduction to its unique exposition established since 1914  Perifanakis J. Bürge M.

8:00 pm  Aperitif & course-dinner at the "Dozentenfoyer", Eidgenössische Technische - Hochschule / ETH - Federal Institute of Technology / FIT, Rämistrasse 101 Zurich (Tramway N° 6, same stop at “ETH/Universitätsspital”)
### THIRD SESSION

**Moderator:** WeiNZiERL F., KöNIG D.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>8:05 am</td>
<td>Transforaminal endoscopic lumbar decompression &amp; foraminoplasty &amp; the future</td>
<td>Knight M.</td>
</tr>
<tr>
<td>8:18 am</td>
<td>First experience with Easy GO second generation in spine surgery</td>
<td>Oertel J.</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Cervical percutaneous laser discectomy. Indications and results</td>
<td>Menchetti P.</td>
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<tr>
<td>8:42 am</td>
<td>Optimal laser dose energy in percutaneous laser microdiscectomy</td>
<td>Pedachenko Y.</td>
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<tr>
<td>8:54 am</td>
<td>Percutaneous endoscopic cervical discectomy</td>
<td>Choi G.</td>
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<tr>
<td>9:06 am</td>
<td><strong>Video-live-transmission</strong></td>
<td>Leu Hj., Rhiati J.</td>
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</tbody>
</table>

### FOURTH SESSION

**Moderator:** GITTER S., RUEHLI M.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>9:20 am</td>
<td>Percutaneous and endoscopic revision surgery avoiding posterior scar tissue</td>
<td>Morgenstern R.</td>
</tr>
<tr>
<td>9:32 am</td>
<td>Recurrent disc herniation: management options</td>
<td>Zileli M.</td>
</tr>
<tr>
<td>9:44 am</td>
<td>Efficacy of microendosc. decomp. by a novel paramedian approach in lumbar stenosis</td>
<td>Yoshida M.</td>
</tr>
<tr>
<td>9:56 am</td>
<td>Anterior microforaminotomy</td>
<td>Kilincer C.</td>
</tr>
<tr>
<td>10:08 am</td>
<td>Iliosacral joint disease: interventional and surgical options</td>
<td>Militzer P.</td>
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<tr>
<td>10:20 am</td>
<td>SI-joint fixation for treatment of SI-joint pain syndrome</td>
<td>Mesiwala A.</td>
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<tr>
<td>10:32 am</td>
<td>The treatment of calcified thoracic disc herniation by minimally invasive technique</td>
<td>Fontanella A.</td>
</tr>
<tr>
<td>10:44 am</td>
<td><strong>Video-live-transmission</strong></td>
<td>Leu Hj., Rhiati J.</td>
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</table>

### FIFTH SESSION

**Moderator:** BIRKENMAIER C., KILINcER C.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11:32 am</td>
<td>Spinal cord decompression in patients with various spine diseases and trauma</td>
<td>Tikhodeev S.</td>
</tr>
<tr>
<td>11:44 am</td>
<td>The importance of preop. sagittal balance measurement in mini-invasive spinal surgery</td>
<td>Buric J.</td>
</tr>
<tr>
<td>11:56 am</td>
<td>Value of the CT-morphometry and densitometry for mini-invasive surgery</td>
<td>Moguchaya O.</td>
</tr>
<tr>
<td>12:08 am</td>
<td>Syndrome of a vertebral artery: diagnostics and miniinvasive surgery</td>
<td>Shchedrenok V.</td>
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<tr>
<td>12:20 pm</td>
<td>15 years experience with MIS in lumbar fusion; advantages and disadvantages</td>
<td>Wimmer C.</td>
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<tr>
<td>12:32 pm</td>
<td>6 years results with interlaminar disc assistance implant &quot;INTRASpine&quot;</td>
<td>Guizzardi G.</td>
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<tr>
<td>12:44 am</td>
<td>Role of interlaminar stabilization in lumbar spine degeneration</td>
<td>Darwono B.</td>
</tr>
<tr>
<td>12:56 am</td>
<td>Interspinous devices: Something is rotten in the state of Denmark ?</td>
<td>Sak L.</td>
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### SIXTH SESSION

**Moderator:** LEU H., GASTAMBIDE D.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>1:08 pm</td>
<td>Luncheon &amp; technical workshop in the industrial exhibition area</td>
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### SIXTH SESSION

**Moderator:** LEU H., GASTAMBIDE D.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>1:50 pm</td>
<td>Minimally distressing non-metallic stabilisation devices; mechanical properties</td>
<td>Nydegger T.</td>
</tr>
<tr>
<td>2:02 pm</td>
<td>Twenty years clinical experience with pedicule screw based dynamic stabilization</td>
<td>Dubois G.</td>
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<tr>
<td>2:14 pm</td>
<td>Preferred indications in the first year of SpineShape S-IV</td>
<td>Freudiger S.</td>
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<tr>
<td>2:26 pm</td>
<td>First experience with translucent carbon screws in lumbar stabilization</td>
<td>Rühl M.</td>
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<tr>
<td>2:38 pm</td>
<td>Research and clinical application of a novel percutaneous pedicle screw fixation system</td>
<td>Zhou Y.</td>
</tr>
<tr>
<td>2:50 pm</td>
<td>«K-wireless» percutaneous screw fixation: a three-years experience with a new system</td>
<td>Jacquot F.</td>
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<tr>
<td>3:02 pm</td>
<td>Romeo-pad spinal process fusion: mid term follow-up results</td>
<td>Militzer P.</td>
</tr>
<tr>
<td>3:38 pm</td>
<td>Modification of the properties of high-viscosity bone cement for reduced stiffness</td>
<td>Birkenmaier C.</td>
</tr>
<tr>
<td>3:50 pm</td>
<td>The novel bioactive cement to treat osteoporotic compression fracture</td>
<td>Hsu S.</td>
</tr>
<tr>
<td>4:02 pm</td>
<td>Minimal invasive vertebral augmentation: indications, limits and advantages</td>
<td>Kuhn H.</td>
</tr>
<tr>
<td>4:14 pm</td>
<td>Intradiscal cement leakage in vertebroplasty und vertebral body stenting</td>
<td>Fuerderer S.</td>
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<tr>
<td>4:28 pm</td>
<td>Lumbar canal stenosis. surgical versus conservative treatment</td>
<td>Fedotova I.</td>
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<tr>
<td>4:40 pm</td>
<td>Interlaminar decomp. in re-stenosis w.fusion: interlaminar vs interspinous vs interbody</td>
<td>Gitter S.</td>
</tr>
<tr>
<td>4:52 pm</td>
<td>Minimally invasive posterior cervical fusion with the cervical facet cage</td>
<td>Chiu J.</td>
</tr>
<tr>
<td>5:04 pm</td>
<td>Is there evidence regarding benefit of minimal invasive surgery in spinal stenosis ?</td>
<td>König D.</td>
</tr>
<tr>
<td>5:16 pm</td>
<td>Can we afford back ache, whiplash and aging society ?</td>
<td>Sullivan M.</td>
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</table>

**5:28 pm** round up / questions / discussion / symposium closure
Course Faculty

Aeschbach A., Switzerland; Birkenmaier C., Germany; Bürg M.; Switzerland; Buric J., Italy; Burkhardt B., Germany; Chiu J., USA; Choi G., Korea; Darwono B., Indonesia; Dubois G., France; Fedotova I., Ukraine; Fessler R., USA; Fontanella A., Italy; Freudiger S., Switzerland; Fuerderer S., Germany; Gastambide D., France; Gitter S., Germany; Guizzardi G., Italy; Hsu S., ROC-China; Ito F., Japan; Jacquot F., France; Jaquenod M., Switzerland; Kim H., Korea; Kim K., Korea; Kilincer C., Turkey; Knight M., England; Komp M., Germany; König D., Germany; Kuhn H., Germany; Laurent T., Switzerland; Lee S., Korea; Leu H., Switzerland; Liedke D., Switzerland; Lübbers T., Germany; Mamisch N., Switzerland; Menchetti P., Italy; Mesiwala A., USA; Militzer P., Germany; Moguchaya O., Russia; Morgenstern R., Spain; Moser C., Germany; Nakamura H., Japan; Niebergall H., Switzerland; Nydegger T., Switzerland; Oertel J., Germany; Panoussopoulos A., Switzerland; Pedachenko Y., Ukraine; Perifanakis J., Switzerland; Radchenko V., Ukraine; Rauschning W., Sweden; Rhiati J., Switzerland; Ruehli M., Switzerland; Saftic R., Croatia; Sak L., Russia; Schubert M., Germany; Shchedrenok V., Russia; Sullivan M., England; Tieber F., Germany; Tikhodeev S., Russia; Zhou Y., PR China; Weinzierl F., Germany; Wimmer C., Germany; Yoshida M., Japan; Zileli M., Turkey;

Industrial Contributors

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ICOTEC AG, CH-9450 Altstätten www.icotec.ch Fax: +41-71 757 00 01
JOIMAX GmbH, D-76227 Karlsruhe www.joimax.com Fax: +49-721 255 14 920
K2m/AMEDICA, CH-8032 Zurich www.k2m.com Fax: +41-43 508 20 01
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ZIMMER GmbH, CH-8400 Winterthur www.zimmer.com Fax: +41-52 262 01 39

Course Direction

Leu Hj., PD Dr.med., Orthop.Chirurgie FMH, WS-Clinic at Hirslanden, CH-8032 Zurich / Switzerland

Course Venue

Klinik Hirslanden, Auditorium, 4th floor, Witellikerstrasse 32, CH-8032 Zurich, Phone: x41-44-387 21 11

Course Information

Secretary PESS-32, c/o WS-Clinic at Hirslanden Hospital, Witellikerstrasse 40, CH-8032 Zurich
Phone: x41-44-387 37 57 / Fax: x41-44-387 37 58 / e-mail: leu@wirbelschmerz.ch / www.ismiss.com
Web: www.wirbelschmerz.ch / www.spine-private-leu-zurich.ch / Hotel booking: see list below / www.zuerichtourism.ch
Over four decades later than first clinical application of classic laminectomy for lumbar disc herniations in 1934, in the later seventies of the last century, as a minimal invasive alternative to conventional surgical procedures and various intradiscal treatments in contained lumbar disc herniation, the concept of percutaneous disc decompression with nucleotomy arose from Japan to Europe. Since 1982 the complementary endoscopic control added direct visualization for selective tissue removal. A great advantage of minimally invasive procedures brought their sparing approach with minimal musculoligamentary irritation in its way of access. Beside the impact of endoscopy for precise removal of disc fragments, direct visualization later also allowed controlled preparation of the vertebral endplates for interbody fusion, introduced in 1987/88. Since 1992 laparoscopic ventral interbody fusion and minimal open lateral techniques arose as a complementary technique for interbody fusion, e.g. at the lumbosacral transition, sometimes hardly accessible for classic posterolateral endoscopic techniques. Since 2001, low profile expandable interbody spacers came up allowing primary stability also for percutaneous interbody fusion technique. At the same time, percutaneous instrumentation for posterior internal fixation brought a new way for posterior stabilization in combination to interbody spacers and osteoinductive components.

Since 1994 dynamic posterior implants became available as a first step to a new generation of posterior restabilization without fusion. The question to fuse or not to fuse arose and remains controversial. Recently also minimal non-fusion stabilization with interspinous implants further challenge the field of posterior dynamic stabilization.

As a new field of extradiscal endoscopic surgery, percutaneous foraminoscopic decompression became stepwise standardized since 1991 for the different forms of foraminal up to mediolateral disc herniations. As very important step, since 1999 the interlaminar full endoscopic exploration of the lumbar spinal canal became available for the removal of mediolateral to medioforaminal herniations. So endoscopic decompression finally challenges today the classic microscopic and tubular videoscopic techniques.

Beside technical operative aspects also clinical analysis of indications, learning-curves and follow-up criteria for evaluative databases deserve our interest in worldwide economically restricted conditions and an evident need for outcome-quality controls.

So in the 35th year of Zurich’s practice, the upcoming International 33rd Course shall reflect once more the evolution and state of the art as well as actual innovative developments in this year by year evolving branch of spinal surgery. Again international pioneers and experts sharing the course faculty promise to contribute to the vivid and always collegial atmosphere of this traditional course in its 33rd edition.

Zurich, November 2014
APPLICATION FOR ENROLMENT ( return by mail or fax back to : x41-[0]-43-268 28 01 )

( ENROLMENT NUMBER RESTRICTED - EARLY REGISTRATION RECOMMENDED ! )

I enrol for the International 33rd Course for Percutaneous Endoscopic Spinal Surgery and Complementary Minimal Invasive Techniques,
Jan 29/30, 2015, at Klinik Hirslanden / Zurich, Switzerland

Simultaneously to this enrolment, I transfer the fee of
☐ CHF 600.- / EUR 600.- / US$ 700.- for the whole course incl. symposium and workshop

precisely by bank draft to the account : IBAN CH79 0070 0113 7 000 1151 8 at Banque Cantonale de Zurich, SWIFT: ZKBKCHZZ80A, BLZ: 700, CH-8001 Zurich;
Beneficiary: “Praxis Dr. Hj.Leu, CH-8702 Zollikon”, with the remark: "PESS-33", or by equivalent transferable bank cheque.
No cancellation / refund after Jan 15, 2015 accordable.

Please use printed letters :

Name : ........................................................................................................................................
Address : ......................................................................................................................................
Degree/Specialty : ...........................................................................................................................
Phone : ........................................ Fax : ..............................................................
e-mail : ........................................................
Date : ................................................... Signature : ...............................................................

Course-Coordinator
Hansjoerg Leu, M.D., Bethania Spine Base
Toblerstrasse 51, CH-8044 Zurich / Switzerland

Course Venue
Auditorium and conference rooms, Klinik Hirslanden
Witellikerstrasse 40, CH-8032 Zurich, Switzerland
Front Office : x41-[0]-44-387 21 11

Information
Secretary PESS-32, Wirbelsäulen-und-Schmerz-Clinic, an der Klinik Hirslanden Zürich,
Witellikerstrasse 40, CH - 8032 Zürich, Switzerland
Phone: x41-[0]-44 387 37 57, Fax : -58, e-mail: ismiss.europe@bluewin.ch
Hotels - recommendable accommodations for registrees:

Room reservation is recommended as soon as possible at: Zurich Tourist Service, P.O. Box, CH-8023 Zurich; Phone: x41-44-215 40 40 / Fax: x41-44-215 40 44
Web: www.zurichtourism.ch/hotel

Hotel Ambassador ****
rather comfortable, located lakeside backing the Zurich Opera, to Hirslanden from Bahnhof Stadelhofen with Forchbahn/Red-line uphill in direction Esslingen until stop Balgrist; from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Falkenstrasse 6, CH-8008 Zürich, Tel x41-44-361 16 85, Fax x41-44-361 16 17, Web: www.ambassadorhotel.ch

Hotel Bristol **
reasonable comfort, 4' footwalk to "Central", from there to Hirslanden take the tramway 4 along the Limmat river until Bellevue, there you change to line 11 uphill in direction Rehalp until stop "Balgrist"; from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Stampfenbachstr. 34, 8001 Zürich, Tel +41-44-258 44 44, Fax x41-44-258 44 00, Web: www.hotelbristol.ch

Hotel Florhof ***
elegant, romantic set-up in a traditional palais, to Hirslanden take the tramway 5 from "Kunsthaus/Heimplatz" downhill to Bellevue, there changes to line 11 in direction Rehalp until stop Balgrist; from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Florhofgasse 4, Ch-8001 Zürich, Tel x41-44-250 26 26, Fax x41-44-250 26 27, Web: www.florhof.ch

Hotel Glockenhof ****
rather comfortable, centrally located left side, to Hirslanden from Bahnhofstrasse nearby with Tramway 11 in direction Rehalp until stop "Balgrist"; from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Sihlstrasse 31, CH-8001 Zürich, Tel x41-44-225 91 91, Fax x41-44-225 92 92, Web: www.glockenhof.ch

Hotel Opera ****
rather comfortable, located lakeside backing the Zurich Opera, to Hirslanden from Bahnhof Stadelhofen with Forchbahn/Red-line uphill in direction Esslingen until stop Balgrist, from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Dufourstrasse 5, CH-8008 Zürich, Tel x41-44-258 99 99, Fax x41-44-258 99 00, Web: www.operahotel.ch

Hotel Seefeld ***
rather comfortable, located back lakeside; to come to Hirslanden take tramline number 2 up to Stadelhofen, there change to Forchbahn/Red-line uphill in direction Esslingen until stop Balgrist, from there after some 100m uphill, the first street halve-right is Witellikerstrasse
Location: Seefeldstrasse 63, CH-8008 Zürich, Tel x41-44-387 41 51, Fax x41-44-387 41 51, Web www.hotelseefeld.ch

end of the message